

South Franklin Program Catalogue - Summer 2024

For the Whole Family

Board Game Club

Fridays 4-5 PM

All ages

All languages

Board game club offers a space for community members to connect face-to-face in our digital age. Come make new friendships and strengthen existing relationships while learning a new game or playing an old favorite. Games are provided by the center but participants are welcome to bring their own to teach others.

Community Cafe

Every First Friday of the month 6:30-8:30 PM

All ages

All languages

Community Café happens on the first Friday of each month. Get to know other community members while enjoying a potluck dinner. Childcare is provided while the adults discuss relevant topics or hear from guest speakers.

Family Art

Fridays 5-6 PM

All ages

All languages

Family art empowers the entire family to imagine, create, and collaborate. Students will connect with themselves, other classmates, and their wider community as they explore a variety of art mediums including painting, collage, clay, and collaborative projects.

Kids Classes

Basketball

Wednesday 6-7 PM

Ages 9-18

All languages

This class offers children an introduction to basic basketball skills while also strengthening the skills of experienced players. With no tryouts or drafts involved, this class focuses on fun and friendship building. The program runs May through the end of fall.

Baile Folklorico

Tuesdays 6-7 PM

Ages 8-18

All languages

Baile Folklórico is a style of dance from Mexico that combines folk and ballet dance styles. Students enjoy moving to music while having an enriching cultural experience. This class is taught in partnership with Preservando el Arte.

Boy Scouts

Thursday 7-8:30

Ages 12-18

English

You will need to register separately with the Boys Scouts of America

Food, Fun, and Reading

Mondays 5-6 PM

Ages 3-8

All languages

Kids can attend Food, Fun, and Reading, while their parents attend Create Better Health. Children will learn about MyPlate nutrition, read a story, play games, and enjoy a healthy snack!

Girl Scouts

Fridays 3:30-4:30 PM

Ages 6-18

All languages

You will need to register separately with Girls Scouts Troop 1820

Kids Art Therapy

Wednesday 5-6 PM

Ages 7-11

All language

In this class, kids will participate in art projects that will help them learn about and express emotions, increase their confidence, and use creativity to resolve social, psychological, and personal conflict.

Kids Guitar Group

Wednesdays 7-8 PM

Ages 8-18

All languages

This beginner's class is designed for children with little to no experience playing guitar. Students learn to play basic chords and read music, along with education on guitar tuning and care. The Community Center accommodates participants who do not own a guitar at home. Children younger than 10-years-old must have attended at least one year of Children's Choir prior to participating to ensure basic music knowledge.

Playgroup

Friday 10:30-11 AM

Ages 1-4

English

United Way Welcome Baby leads playgroup at the South Franklin Community Center for local parents and their children to participate in weekly learning and play. Playgroups support school readiness as parents make friends and gain a sense of community. Meanwhile, their children socialize in a stimulating environment and bond with their parent.

Reading Club

Thursdays 5-6 PM

Ages 4-14

Primarily English

Reading Club is a place for children to gain a love of reading and sense of belonging. Kids break out by age group to read and discuss a book. Participants also receive books to take home and build their home libraries. Students are encouraged to read at home with their families or on their own between club meetings. Pizza is provided each week.

Soccer

Thursday 6-7 PM

Ages 9-18

All languages

In this Soccer foundation skills and sportsmanship class, players develop dribbling, passing, control, and shooting skills. Each session ends with small-sided games where coaches encourage teamwork. The program runs May through the end of fall.

Summer Learning Program - FULL. Contact the center to be put on a waitlist.

July 8th-August 2nd

Students entering 2nd-8th grade

Primarily English

The Summer Learning Program allows students to continue learning over the summer. This program is held Monday-Friday during the month of July. Students rotate through reading, math, STEM, and social-emotional learning classes each day, and enjoy a field trip each Friday. Participants receive a free, healthy lunch and snack daily.

Tai-Chi - Not accepting new students this semester.

Saturdays 9-9:30 (beginner) and 9:30-10 AM (intermediate)

Ages 8-16

All languages

Martial arts can instill confidence, promote focus and overall health, and teamwork. Chen Style Tai Chi is a form of martial art with the essence of spiraling movements. Students will be introduced to the art and will have the opportunity to learn a complete hand form. Students will

develop Tai Chi in wooden sword form which will be provided during the semester by the Center. Classes will include warmups, forms teaching, and closing forms.

Thanksgiving Point Playgroup

Wednesdays 10-11 AM
Ages 18 months - 4 years
Primarily English

Community outreach educators from Thanksgiving Point lead two, 30 minute classes as part of their playgroup- Tales for Tots, and Itsy Bitsy Science. In Tales for Tots, participants engage in interactive storytelling, paired with movement and/or music activities that connect to the story theme of the day. Itsy Bitsy Science encourages little children to engage in beginner science concepts through facilitated play, focusing on skills such as making observations, asking questions, guessing, sorting, and measuring.

Adult Classes

Adult Guitar Group

Thursdays 7-8 PM
Ages 18+
Spanish

This beginner's class is designed for adults with little to no experience playing guitar. Students learn to play basic chords and read melody lines for song accompaniment, along with education on guitar tuning and care. The Community Center accommodates participants who do not own a guitar at home. This class is taught by a volunteer from Preservando el Arte, an experienced guitar player and teacher

Afro Fitness

Mondays & Wednesdays 8-9 PM
Ages 15+
All languages

An afro-inspired dance-fitness program that combines dynamic dance moves and intensive workouts with afrobeat music. The class is led by Preservando el Arte, a nonprofit organization with a mission of changing lives through a variety of art forms

Community Integration

Wednesdays 7-8 PM

Ages 18+

Spanish

Community Integration provides support for recent immigrants as they navigate daily life in our community. Come listen to professionals from different organizations talk about resources in the community. Class size is limited to 15 and childcare is offered during each class.

Create Better Health

Mondays 5-6 PM

Ages 18+

All languages

Create Better Health is Utah's SNAP-Education program. In this class you'll learn about nutrition and preparing healthy food on a budget. Each week you'll learn a new recipe you can use and take home some ingredients to make it yourself.

Digital Inclusion I

Tuesday 6-7 PM

Ages 18+

All languages, primarily English

The United Way of Utah County Digital Inclusion program aims to close the digital divide. These classes provide digital knowledge and literacy. The class is limited to ten participants, allowing students to receive instruction in a small group setting. Each student commits to attend at least 80% of the 13-week session.

Digital Inclusion II

Thursday 6-7 PM

Ages 18+

For those who have graduated from Digital Inclusion I, this class builds on basic computer skills to further student's abilities.

English Learning Strategies

Wednesday 5-6 PM

Ages 18+

Spanish and English, all languages welcome.

This course helps non-native English speakers improve their conversational English speaking and listening skills. Different from regular language lessons, this class focuses on day-to-day conversation. This class is taught by community members who are fluent in both Spanish and English.

Morning Zumba

Monday-Friday 9-10 AM

Ages 16+

All languages

Students participate in an upbeat Latin style of dance, increasing fitness and reducing stress while bonding with other community members through song, dance, and exercise. These classes are taught by local community members who are certified Zumba trainers, or are working towards certification.

Night Zumba

Tuesdays & Thursdays 8-9 PM

Ages 16+

All languages

Students participate in an upbeat Latin style of dance, increasing fitness and reducing stress while bonding with other community members through song, dance, and exercise. The class is Provided by Preservando el Arte and is taught by a certified Zumba instructor.

Women's Mental Health Group

Wednesdays 6-7 PM

Ages 18+

Spanish

This class helps Latina women process their emotions and gain mental health tools. It is led by a clinical psychologist from Iniciativa Latina para el Bienestar Emocional (Latinx Initiative for Emotional Wellbeing), an organization focused on providing quality mental health services and resources to Utah's Latino/Immigrant community as they adapt to life in the United States.

