

General Community Resources

United Way 2-1-1 is a free and confidential service that helps individuals and families find local community resources, programs and services based on their needs.

ABUSE AND NEGLECT

Center for Women & Children in Crisis provides a confidential and safe shelter for women and children affected by domestic violence; 801-377-5500.

The Children's Justice Center provides support services in a homelike facility for children who have experienced physical or sexual abuse; 801-851-8554.

Family Support & Treatment Center provides prevention and treatment of child abuse, trauma and other personal family concerns; 801-229-1181.

Intermountain Specialized Abuse Treatment (ISAT) Center provides specialized services to individuals and families affected by child abuse, domestic violence, substance abuse, and related issues; 801-373-0210.

EMPLOYMENT

People Helping People is an employment program that teaches low-income individuals how to earn an adequate income through stable employment; 801-437-4416.

Turning Point offers numerous services to help complete education goals, build personal relationships, enter the workforce and more; 801-863-7580.

Department of Workforce Services assists individuals to develop the skills they need to find employment, as well as job search assistance. Visit jobs.utah.gov to find your local office.

EXPENSE PAYMENT ASSISTANCE

Home Energy Assistance Target (HEAT) Program assists vulnerable families and individuals with their gas and electric bills. Program is open from November to April, Crisis program offered year-round; 801-229-3855.

Community Action Services and Food Bank offers emergency crisis assistance. Services include rental deposit assistance, rent payment assistance, motel vouchers, and more; 801-373-8200.

VITA provides free tax preparation assistance during tax season (January-April). To make an appointment, call 2-1-1.

Weatherization helps low-income individuals and families reduce energy costs by

FOOD ASSISTANCE

Community Action Services and Food Bank supplies food for families in need; 801-373-8200.

Food and Care Coalition provides hot meals and sack lunches to individuals who are homeless, low income or transient; 801-373-1825.

Women, Infants and Children (WIC) offers nutritional counseling and food assistance for families; 801-851-7300.

HOUSING ASSISTANCE

Habitat for Humanity of Utah County obtains land or homes and builds or renovates homes in Utah County; 801-344-8527.

Self-Help Homes provides an opportunity for low-income families and individuals to build their own new homes; 801-375-2205.

LEGAL SERVICES

BYU Law Help legal counseling for low-income individuals. Call one week before to make an appointment; 801-422-3025.

Utah County Family Justice Center is a community effort to serve persons seeking legal advice; 801-851-8508.

Utah Legal Services provides free legal help in non-criminal cases to low-income Utahns; 800-662-4245.



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United Way of Utah County

MORTGAGE/ DEBT COUNSELING

AAA Fair Credit provides a free credit, debt, personal finance and mortgage delinquency counseling. Also offers other related services; 801-483-0999.

Community Action Home Buyers Services provides mortgage delinquency counseling, reverse mortgage counseling, first-time homebuyer classes and foreclosure prevention counseling; 801-373-8200.

Utah Saves is a statewide campaign which provides programs to help individuals and families save money, reduce debt and build wealth; 1-800-350-9899.

PARENTING AND FAMILY

Care about Child Care provides classes for daycare providers as well as referrals to local daycares; 801-863-8589.

Help me Grow provides an information line for support in general child development, call 801-691-5322.

Vantage Point mediates parent/child conflict between youth ages 12-18 and their families; 801-373-215.

Welcome Baby promotes a healthy, secure and enjoyable beginning for parents, new babies and their family members; 801-691-5354.