Five County Resource Guide

United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.

Abuse, Neglect & Sexual Assault

Adult Protective Services helps prevent or stop abuse, neglect and exploitation of vulnerable adults; 1-800-371-7897.

Child Abuse and Neglect Reporting Line is a 24-hour hotline to report suspected child abuse; 855-323-3237.

Domestic Violence Information Line provides a 24-hour information and referral on domestic violence issues; 800-897-5465.

Child and Family Services investigates child abuse and neglect cases and offers family and youth services; 855-323-3237.

Canyon Creek Women’s Crisis Center - Cedar City provides emergency housing, food, and clothing for battered women and their children; 435-865-7443.

Discovering Opportunities Via Escape (DOVE) - St. George provides a safe and confidential shelter and support for victims of domestic violence; 435-628-0458.

Intermountain Specialized Abuse Treatment Center (ISAT) - St George provides specialized services to children and families affected by abuse; 435-628-8076.

Utah Court Appointed Special Advocates for Children provides advocates for abused, neglected, and/or abandoned children within the legal system; 801-576-3962.

Children’s Justice Center Provides a safe environment for children while being interviewed regarding alleged abuse.

  * Iron County; 435-867-4275
  * Washington County; 435-634-1134

Counseling & Mental Health

Southwest Behavioral Health helps clients and community members recover mental illness.

  * Washington County; 435-634-5600
  * Iron County; 435-867-7654
  * Beaver County; 435-644-4520
  * Kane County; 435-644-4520
  * Garfield County; 435-676-8176

Crisis/Suicide Prevention

Southwest Behavioral Health provides a 24-hour emergency mental health intervention line for callers in crisis; 800-574-6763.

National Suicide Prevention Lifeline; 1-800-273-8255

Educational Services for Adults

Utah Adult Education Services provides programs to adults to further education; 801-538-7509.

Employment Services

Department of Workforce Services provides employment help, training and general application for welfare, unemployment, Medicaid, WIC and food stamps; 866-435-7414 x3.

LDS Employment Center assists with job referral and training for all community members regardless of their faith.

  * Cedar City; 435-586-0684
  * Saint George; 435-656-1388

Utah State Rehabilitation Services provides vocational rehabilitation and employment services for individuals with a disability.

  * Cedar City; 435-586-9995
  * Saint George; 435-673-5091

Food Assistance

Care and Share provides emergency food assistance for needy persons without other resources.

  * Beaver (Beaver County); 435-438-6266
  * Cedar City (Iron County); 435-586-4962
  * Hurricane (Washington County); 435-635-0995
  * Orderville (Kane County); 435-648-2504
  * Kanab (Kane County); 435-691-0228
  * Escalante (Garfield County); 435-826-4317
  * Panguitch (Garfield County); 435-676-2509

Switchpoint Community Resource Center - Saint George assists with temporary food assistance to help individuals on the road to independence; 435-628-9310. Daily hot meals are served at Grace Episcopal Church; 435-767-1201.

True Life Center - Cedar City is a food pantry for community members; 435-867-0405.

Women, Infants and Children (WIC) offers nutritional counseling and food assistance for families; 877-942-5437.

Healthcare

Children’s Health Insurance Program (CHIP) and Medicaid provide access to healthcare; 866-435-7414 x3.

Dixie Regional Community Center provides answers to health

Enterprise Valley Medical Clinic offers general medical care; 435-878-2281.

Family Healthcare provides general medical, mental health and dental care; visit familyhc.org for more information.

  * Cedar City; 435-865-1387
  * Saint George & Hurricane; 435-879-2565

Garfield Memorial Clinic provides general medical care for Garfield County residents; 435-676-8842.

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Access 2-1-1 Utah on Instagram, online, and apps available for download.
**Disability Services** helps individuals achieve lasting financial stability through education; 1-800-351-4195.

**VITA** provides tax preparation assistance for low-income families and individuals from January - April; 2-1-1.

For more information and assistance, call 2-1-1 or text your zip code to 898211.